



Tara Kent

Director | Developmental Educator
Specialist Behaviour Practitioner

Qualifications

- Bachelor of Social Science
- Bachelor of Law (LLB)
- Graduate Diploma of Legal Practice
- Master of Human Services (Disability)
- Master of Adult Vocational Education (Literacy and Numeracy)
- Master of Education (Applied Behaviour Analysis) (yet, rejected ABA, Non ABA practitioner)
- Membership with Developmental Educators Association Incorporated (Allied Health – Specialisation of Disability).
- Professional Certificate in Autistic Wellbeing CPS Certification (Dr Ross Greene)
- Course in interpersonal neurobiology (Dr Dan Siegel)
- NDIS Registered Specialist Behaviour Practitioner
- Currently Registered as a QLD School Teacher

Experience

Tara Kent has been working in the education, community services and justice sector for over 20 years. Tara is multiply qualified in Education, Human Services, and Law. Tara has been the Director of Instinct CBT since its commencement in 2001 and has been steadily helping it grow as she advanced her skills in many other roles.

Tara is a non-ABA Practitioner and instead uses sensory-based and brain-based strategies including Dr Ross Greene's Collaborative and Proactive Solutions (CPS), Dr Dan's Siegel's 'whole-brain learning' and implements strategies conducive with the bottom-up and top-down approaches endorsed by Mona Delahooke.

These strategies support children's brains to manage the world around them. Ethical assessment of the reason and needs of explosive children helps those around them to understand neuroception and respond to explosive behaviour.

Tara utilises the Assessment of Lagging Skills and Unsolved Problems (ALSUP) promoted by Dr Ross Greene to work with explosive children, with immense success.

As a Developmental Educator, she is able to conduct comprehensive sensory assessments, identify and respond to Developmental Coordination Disorders (DCD)'s and provide support to all those around participants regarding complexities relating to Attention Deficit Hyperactivity Disorder (ADHD), Rejection Sensitive Disorder (RSD), Sensory Processing Disorder and Pathological Demand Avoidance (PDA).

Notable Positions Held & Contributed to the Sector

- Principal Guardian (QLD) at the Office of Public Guardian (2010-2013)
- Director of 3 Companies, President of the Board of Management of a Registered Charity.