



Janine Hogg

Accredited Social Worker | EMDR Therapist |
Counsellor | Internal Family Therapist

Qualifications

- Bachelor of Psychology
- Advanced Graduate Diploma of Relationship Counselling
- Advanced Graduate Diploma of Family Dispute Resolution
- Advanced Graduate Diploma Adult Vocational Education and Assessment (UK)
- Master of Social Worker
- Qualified EMDR Practitioner Level 1 and 2
- Qualified Internal Family Therapist Level 1
- Membership with the Australian Association of Social Workers
- Membership with Mental Health Academy
- Membership and Accreditation with EMDRA
- Member of The Australia & New Zealand Academy for Eating Disorders (ANZAED)
- Member of The National Eating Disorders Collaboration (NEDC)
- Cert 4 Training and Assessment

Currently Completing

- Professional Certificate Internal Family Therapist level 2 (Dr Richard Schwartz)
- Consultancy with EMDRA
- NDIS Registered Specialist Behaviour Practitioner
- Ongoing Registration as an Accredited Social Worker

Experience

Janine Hogg has over three decades of experience in the sectors of education, community services, child protection and mental health. Her multifaceted expertise encompasses Education, Psychology, and Social Work Services. For the past two years, Janine has engaged as a contractor with Instinct Au, DivergAntz and TEC, demonstrating a steadfast commitment to non-ABA methodologies. She aligns well as she favours sensory-based and brain-based strategies, such as those propounded by Dr Ross Greene's Collaborative and Proactive Solutions (CPS) and Dr Dan Siegel's 'whole-brain learning' paradigm.

In her capacity as a mediator and consultant, Janine has contributed her expertise to family mediation, child consultancy, play therapy, and couples counselling, including interventions aimed at enhancing family dynamics. Her enduring interest in the trauma experienced by children and youth has propelled her to extend her proficiency to encompass EMDR therapy, a domain in which she is accredited by EMDRAA (EMDR Association of Australia).

Further to her qualifications, Janine has pursued advanced training in emergent therapeutic techniques such as Internal Family Systems Therapy, conceptualised by Richard Schwartz, as well as flash therapy (Philip Mansfield) and Four Blinks, developed by Thomas Zimmerman. Additionally, Janine is particularly adept at providing therapy for individuals experiencing loss, including the termination of a pregnancy or the loss of a child. For these specialised services, Janine is recognised by Medicare, enabling coverage under a general practitioner's Mental Health Care Plan for up to ten sessions.

In her notable career, Janine has been driven by a passion for education and knowledge dissemination. Over two decades, she has been instrumental in the community services educational domain, enriching the educational materials and resources for various Registered Training Organisations. Her contributions have had a lasting impact on the quality of education and practice within the sector.

**Medicare rebates available*