



Professional Certificate of Neurodivergent Affirming Practices Course Outline

The freely available course is directed to anyone working with, supporting, or living with neurodivergent people, family or peers. It includes content regarding:

- What is Autism?
- What is ADHD?
- The impact of the intersectionality of Autism and ADHD in neurodivergent individuals.
- How to be a neurodivergent affirming service provider?
- What is neurodivergent affirming service provision.
- The impact of sensory registration and access to sensory feedback on neurodivergent individuals.
- How to support neurodivergent individuals in a safe, affirming manner which prioritises their autonomy, right to authenticity and is accepting of their authentic selves.

The course is delivered in an online forum with multiple choice questions and activities throughout. The course is expected to take participants between 20-30 hours to complete but is designed to be self-paced and thus can accommodate those requiring additional time to reflect on the content, watch the recorded zoom sessions and complete the peripheral activities.

The course was written by, and is delivered by Tara Kent, a Developmental Educator, neuroscience-based Behaviour Practitioner (Specialist mapped with the NDIS Safeguards Commission), who also has multiple other qualifications and is AuDHD herself.

For further information about this course or the outcomes associated with it, please contact Tara Kent via DivergAntz Collective on info-dc@ndaffirming.com.au